



Where there's a Y, there's a way.

Where there's a Y, there's a way to tackle the urgent challenges and economic inequality caused by Covid-19.

With your help, your Y has been on the frontlines from the start, providing essential support like child care for our lifesaving health care workers, free meals for children facing hunger, grocery deliveries to isolated seniors, and programs to keep teens connected and engaged.



Where there's a Y, there's a way for all of us to grow stronger together.

Your tax-deductible donation will help children, families, and seniors achieve greater health, and gain the skills and opportunities we all need to truly thrive.

\$1,000

supports critical, **life-saving services** such as blood drives, food distribution and other essential services

\$500

provides **drowning prevention** instruction for both parent and child who otherwise wouldn't have access to this life-saving experience

\$250

offers a week of educational enrichment and access to technology for an elementary school student at a YMCA **Learning Pod**

\$100

combats isolation and loneliness for 2 seniors with a month of YMCA **Healthy Lifestyles** membership and weekly outdoor group exercise classes

"I like coming to the YMCA because I get to spend time with my friends and do activities with my morning teacher. She helps me with my homework and lets me do origami. The food is good and I like doing art projects. I like how our room is decorated and the peace and quiet of the YMCA." — Mia N.

"I am so grateful for the Y! During this unprecedented time in our world, the Y offered hope and support for families. The remote learning component offered at our local Y has made a priceless impact in our lives. Thank you, YMCA!" — Amber W.