



Where there's a Y, there's a way.

Where there's a Y, there's a way to tackle the urgent challenges and economic inequality caused by Covid-19.

With your help, your Y has been on the frontlines from the start, providing essential support like child care for our lifesaving health care workers, free meals for children facing hunger, grocery deliveries to isolated seniors, and programs to keep teens connected and engaged.



Where there's a Y, there's a way for all of us to grow stronger together.

Your tax-deductible donation will help children, families, and seniors achieve greater health, and gain the skills and opportunities we all need to truly thrive.

\$1,000

provides leadership skills and personal development to 4 high school student delegates involved with the Y's new **Teens & Government** program

\$500

allows 10 girls and boys the chance to engage with each other and a caring coach in the physical activity and fun of a YMCA **Youth Sports** clinic

\$250

offers a week of educational enrichment and access to technology for an elementary school student at a YMCA **Learning Pod**

\$100

combats isolation and loneliness for 2 seniors with a month of YMCA **Healthy Lifestyles** membership and weekly outdoor group exercise classes

"The Teens & Government program makes me feel accepted and inspires me to be active in making change." —Jocelyn R., age 17

"I can rarely get my boys to agree to anything, but they both agree that they have an awesome time every day at the Y. Even Alec, who is finicky about everything, looks forward to it every morning. I appreciate all the work your staff puts in to make it a home-away-from-home environment for all the kids, and they ought to be commended for their work and continuous effort." — Sam B., hospital employee receiving YMCA first-responder child care